

Capo Valley Wrestling



Summer Camp

Life lessons happen on our mat. We build life champions.

Compete against athletes your own size

1 on 1 combat

Belong to a team

Accomplish something as an individual

Challenging

Fun



Capovalleywrestling.com

What: Summer Camp

Who: any youth grades K-8

When: Mon-Thurs, June 22-July 16, 6-8pm

Where: CVHS Wrestling room

Donation: \$150, or \$50 per week

Register and pay online at capovalleywrestling.com, or fill out registration form (on back) and mail with check ("CVHS Wrestling Booster") to PO Box 4674, Mission Viejo, CA 92690

For more info:

Email: capovalleywrestling@gmail.com

Phone: 949-307-4390.

Web: Capovalleywrestling.com and Bigkatwrestling.com

Be a part of the world's oldest and greatest sport!

**Capo Valley Wrestling Camp
Registration Form**

Name of Wrestler: _____ age: _____ Grade: _____

DOB: _____

Parent(s)/Guardian(s): _____

Parent(s)/Guardian(s) phone: _____

Parent(s) Guardian(s) email: _____

Address: _____

Emergency Contact (aside from parent/guardian): _____

Phone: _____

Email: _____

Insurance: _____

HMO/PPO (circle one)

Policy #: _____

Any allergies? _____

Any special medications? _____

(for new wrestlers) How did you find out about our program? _____

Tshirt size: _____